

AMANY MOSTAFA

51 Strathclair Rise SW

Calgary, Alberta

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403 402 8847

mayhoka@yahoo.com

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## SPECIALIZATION

Extensive knowledge and experience in patients' care based on strong academic and clinical backgrounds.

## HIGHLIGHTS

- Over 15 years of experience with extensive academic and clinical background
- Highly experienced in diagnosing and managing health problems from simple to complex
- Clinical and procedural skills
- Experienced in Primary Health Care service with a focus on women's and children's health
- Technical software experience using SPSS and MS office
- Skilled in performing research and in managing quantitative and qualitative data
- Well-developed communication skills with an excellent command of both English and Arabic

## PROFESSIONAL EXPERIENCE

**Family Physician** Oct, 2018 – current

Dalbrent Medical Centre, Calgary, Alberta

**Family Physician** July, 2017 - June, 2018

*Parkland clinic, Red Deer, Alberta*

**Family physician** July, 2017-Sept, 2018

*Rocky view Medical Clinic, Calgary, Alberta*

**Family Medicine Resident** July, 2014-December, 2016

*Department of Family Medicine, University of Calgary*

**Physician Assistant** July, 2012 – July, 2013

*MCI Doctor's Office, Market Mall Clinic, Calgary*

Provide a broad range of health care services including:

- Order and interpret tests

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- Counsel on preventive health care
- Assist in minor surgeries and procedures
- Order medical and laboratory supplies
- Manage and follow up referrals
- Perform therapeutic procedures, such as injections, immunizations, suturing and wound care, and infection management.

## **Research Assistant (Corporate Readiness Training Program)** April, 2011 - June, 2011 (6 weeks)

*University of Calgary, Faculty of Nursing*

- Prepared database and undertook literature review
- Contributed to the preparation of research grant and manuscripts.
- Prepared and administered materials for research projects.

## **Pediatric Specialist** 2008- 2010

*Saad Specialist Hospital, Saudi Arabia*

- Provided health care for pediatric inpatient, outpatient and emergency cases
- Attended deliveries and resuscitated newborns, managed neonates admitted to NICU
- Created educational and awareness sessions and implemented consultation practices to reinforce UNICEF recommended practices, which earned Baby Friendly Hospital accreditation
- Designed 4 research projects, including data collection tools, analyzed and interpreted results
- *Health Care Quality Management Committee member*
  - Initiated standardised patient care and reduced average hospital stay in pediatric department with marked improvement in clinical outcomes
  - Improved patient care by designing hospital performance indicators
  - Managed and interpreted collected data from all facility departments to evaluate and distribute departments' performance data
  - Developed and implemented action plans for performance improvement that resulted in increased patient satisfaction
  - Implemented Joint Commission International Accreditation (JCIA) standards, educated and trained over 100 health care providers and audited patients' charts, achieving hospital JCIA accreditation

## **Pediatric Resident:** 2004-2007

*Cairo University Children's Hospital, University of Cairo, Egypt*

- 1- Completed general pediatric in-patient and out-patient rotations
- 2- *Took and reported history, complete physical exams and growth parameters for patients on admission*  
*Formulated provisional diagnosis and initiated treatment plan to be reviewed with the attendant*

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- 3- Notified the attending physician of changes in the clinical course of patients and changes in diagnostic or treatment plan
- 4- Wrote progress notes on assigned patients and prepared for daily work rounds  
Selecting and presenting patients for teaching rounds
- 5- Completed discharge summary on assigned patients
- 6- Assessed normal newborn in the well-baby nurseries, evaluated and treated critically ill neonate during the NICU rotation
- 7- Successfully completed adolescent rotation, evaluated children with hematologic/oncologic as well as cardiac, pulmonary or other specialty problems during the elective specialty rotation

## **Community Health Specialist/Lecturer** 2001-2004

### *Community Health Department, University of Cairo, Egypt*

- Taught undergraduate and post graduate medical students, conducted lectures, seminars and academic sessions
- Revised and updated protocols and teaching curriculum
- Conducted research projects with a focus on women's and children's health
- Provided primary care services for women, perinatal care, communicable and non-communicable diseases, children and youth with an emphasis on growth and development, immunization and school health
- Managed wide range of diseases and clinical conditions, referring serious conditions to specialists
- Managed minor trauma and injuries.
- Designed and conducted health-education sessions for individual as well as groups
- Run primary care clinics in rural and urban communities

## **Community Health Resident** 1996-2001

### *Community Health Department, University of Cairo, Egypt*

Rotation in clinical areas relevant to Public Health and Preventive Medicine including;

- Primary care clinics, Women's' Health and reproductive health
- Child care, well baby visits, breast feeding clinic, growth and development and school health program
- Communicable diseases prevention and control as well as Immunization service
- Sexually transmitted disease clinics and travel clinics
- Placement in Ministry of Health and Population offices to cover, public health policy and planning, health protection, health promotion and administration

## **Neonatology Fellow** 1995-1996

### *Al Galaa Teaching Hospital, Cairo, Egypt*

- Conducted neonatal assessment and resuscitation in delivery room, endotracheal intubation and exchange

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## Transfusion

### **General Practitioner 1994-1995**

*Primary Care clinics, Ministry of Health and Population, Cairo, Egypt*

- Management of wide range of diseases including child care, perinatal care, chronic diseases as well as minor injuries and trauma.

### **Intern 1993-1994**

*Quasr El Eini University Hospital, Cairo, Egypt*

- Rotated within six different departments including general surgery, internal medicine, pediatrics, gynecology and obstetrics, anesthesia and audiology

## RESEARCH TOPICS

### **Assessment of Reproductive Health Services at Family Practice Centers**

The study was designed to assess reproductive health services in two primary health care facilities. Data were collected using observation check lists, focus group discussions, client exit interview and self-administered questionnaires

### **Effect of Zinc Supplementation on Diarrhea Among Children Below Five Years**

The study was a double blinded clinical trial, conducted in the University Children's Hospital. A total of 400 children were enrolled. Results were analyzed and recommendations for zinc supplementation were made.

### **Nitric Oxide Syntheses in Nephritic Range Proteinuria**

The study was designed as a case control, conducted in the University Children's Hospital. Serum level of nitric oxide synthase was determined among thirty nephritic cases and compared to thirty matched healthy controls. The study revealed that the level of nitric oxide synthase was significantly higher among nephritic cases.

## EDUCATION

**Certification in The College of Family Physicians 2017**

**Medical Council of Canada Qualifying Exam 2 2015**

**National Assessment Collaboration Examination 2013**

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**Medical Council of Canada Qualifying Exam 1** 2011

**Medical Council of Canada Evaluating Exam** 2010

**Masters Degree in Pediatrics** 2007

Faculty of Medicine, University of Cairo, Egypt

**Doctorate Degree in Preventive and Community Medicine** 2005

Faculty of Medicine, University of Cairo, Egypt

**Masters Degree in Preventive and Community Medicine** 1999

Faculty of Medicine, University of Cairo, Egypt

**Mb. B. Ch., Faculty of Medicine** 1992

Faculty of Medicine, University of Cairo, Egypt

## TRAINING AND PROFESSIONAL DEVELOPMENT

**Corporate Readiness Training Program (4 months)** 2011

Bowvalley College, Calgary, (6 weeks work placement at the University of Calgary, Faculty of Nursing)

**Research Methodology Course (640 hrs)** 2004

American University of Cairo, Egypt

**Decision Technologies in Public Health Workshop (24 hrs)** 2004

WHO, Cairo, Egypt

**Biostatistical Analysis Work Shop(80 hrs)** 2004

Cairo Demographic Center, Egypt

**Medical Services Quality Assurance Diploma (120 hrs)** 2002

American University of Cairo, Egypt

**Observer ship**

Southport Pediatrics Clinic December, 2011 – January, 2012

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## VOLUNTEER WORK

**Southern Alberta Perinatal Follow Up Program** July, 2011-December, 2011  
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**RespectED Program, Canada Red Cross** January, 2012 – March, 2011  
Calgary, Alberta

**Child Assistant, Pace Kids** January, 2012 – July, 2012  
Calgary, Alberta